



Emanuel Lutheran Church

November 2017

9 New London Avenue
West Warwick, RI 02893
401-821-8888

Pastor Todd Stange

Celebrating Our 131st Year

Our Purpose Statement: Emanuel – Boldly joining God in sharing our gifts and love.

***Listening for God
through prayer,
scripture and discussion***

***Following Christ's
example***

***Generously sharing
God's grace***

***Passion – having it,
using it!***

Being organized

***Following through –
walking the walk***

Finding Your Rhythm

Dear Brothers and Sisters in Christ,

What's the first thing you do in the morning?

The first thing I do is reach for my cell phone, which is also my alarm clock. I then will read the news headlines (on my cell phone), check my email (on my cell phone), and look at my schedule for the day (also on my cell phone). In fact, the first and last thing I touch most days is my iPhone. For better or worse this device engineered by Steve Jobs has become an integral part of my life, and this concerns me. For it is the things we do each and every day habitually, like eating, sleeping, exercising (or not), brushing our teeth, etc., which end up shaping our bodies, our minds, and the people we become.

One of the good habits I've gotten into over the last few months is running. In September I ran the Reach the Beach race for Calumet up in New Hampshire, and now I'm getting ready for a Thanksgiving Day Pie run. When the running gets hard and I feel like quitting, it's helpful for me to have a goal I'm working toward.

There are a few lessons I've learned about running. One is that the first mile is almost always the hardest. Frequently I'll have muscle aches and clicking noises in my joints as I begin to run, but by the second mile all those things have usually worked themselves out as my body warms and stretches. Also, starting that first mile involves putting my sneakers on, going outside and making a mental leap to actually start running. This is the hardest part of running, and indeed, makes the first mile the toughest.

Another lesson I've learned, specifically about racing, is the danger of starting a race too fast. There's a temptation at the beginning of a race to want to keep up (or even pass) the other runners around you. People are cheering, there's excitement in the air, and it's easy to get caught up into it and run faster than you normally do. And what I've found is that *I can* for a time run faster, *I can* run a pace set by others, but as the race goes on it takes a toll. I get tired, cramp up; I may have to walk for a while. When you run at someone else's pace, finishing the race becomes a struggle.

In this edition:

- Message from Pastor Stange
- Monthly Calendar
- Upcoming Events
- And much more!

Notices can be left in the office, emailed to: emanuelwnews@gmail.com or leave a message at: (860)-208-0762
Thank you! -Mike Gadoury

A recent study by Brigham Young University showed that runners, if allowed to, will naturally choose the stride that is optimal (fastest and most energy efficient) for them. In the past some runners and even coaches have pushed for longer strides, believing them to make a runner faster and better overall. But it turns out, that if we are given the space to find our own stride and rhythm, we naturally will gravitate to the optimal one for us.

I think this is true for our daily lives as well. When we try to keep up with others; when we feel like we always must be connected, else we'll miss out on something; when we feel like we need to constantly compare ourselves to others – then we struggle, we get worn down, we lose our zest for life. The truth is God has made each of us different and unique. We should give ourselves the space to find our own optimal rhythm, our own natural stride in life.

But how do we do this? How do we resist the pull of the world to keep up and run faster? How do we find the space to discover our own rhythm and to live the life God wants us to live, a life free from the weight of sin and open to the grace God bestows upon us and those around us?

Martin Luther had a few things to say about the bondage of sin and freedom. At risk to his own life Luther declared that we are freed from the bondage of sin, not by our good deeds or any other works, but by the grace of God. God forgives our sins simply because we are God's and God loves us.

In his Small Catechism Luther includes a couple of prayers. A morning prayer to be said after waking up, and a night time prayer to be said just before we go to sleep.

Perhaps if these short prayers were the first and last things we reached for each day, then perhaps our lives would be shaped less by Facebook and the news and more by the grace and love of God. Perhaps in this we might find the freedom to discover our own rhythms, and begin living the grace filled life God desires for us.

Pastor Todd Stange

Luther's Morning Prayer

We give thanks to you, heavenly Father, through Jesus Christ your dear Son, that you have protected us through the night from all danger and harm. We ask you to preserve and keep us, this day also, from all sin and evil, that in all our thoughts, words, and deeds we may serve and please you. Into your hands we commend our bodies and souls and all that is ours. Let your holy angels have charge of us, that the wicked one have no power over us. Amen.

Luther's Evening Prayer

We give thanks to you, heavenly Father, through Jesus Christ your dear Son, that you have this day so graciously protected us. We beg you to forgive us all our sins and the wrong which we have done. By your great mercy defend us from all the perils and dangers of this night. Into your hands we commend our bodies and souls and all that is ours. Let your holy angels have charge of us, that the wicked one have no power over us. Amen.

God Squad at Work



In October Emanuel, along with help from Living Faith Church in Warwick, scraped & painted the house of a disabled man in West Warwick.

Thank you to all!

Daylight Saving's Time ENDS this coming Sunday

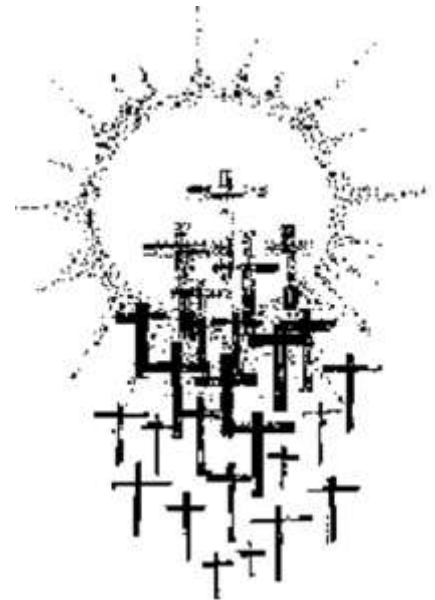


**Sunday
November 5th
at 2AM**

**Clocks fall back
1 Hour!**

**All Saints Sunday –
November 5, 2017**

**Come, Remember
& Celebrate
the Saints with Us!**



Senior Live Laugh & Learn

The next luncheon will be held: Wednesday, November 8, 2017
12:30 Noon to 2:30 PM

Filippou's Twisted Pizza
915 Tiogue Ave, Coventry, RI

Estimated cost between \$10 - \$20

Please sign the sign-up sheet in the narthex if you
plan to attend.

For last minute decision, call Helen Maine at
Cell: 401-464-1011

Email: helenmaine@gmail.com



YOE Visits Scary Acres



The youth of Emanuel for a night of fun & fright at Scary Acres this past October.

Be The Change October's Cooks

Each month Emanuel cooks & serves the Be The Change meal at the West Warwick Senior Center.

If you would like to help, please, contact Myron Gadoury. Thank you.

mig-abb@atlanticbb.net
or 860-465-7347





Pastor Todd Running the Reach the Beach Race

Our team of 12 runners took about 36 hours to run the 203 miles from Bretton Woods to Hampton Beach, New Hampshire.

Thank you Emanuel for supporting me & Camp Calumet!

October's Live, Laugh & Learn Lunch



We enjoyed good company and cake at the Cowesett Inn.

Christmas at Emanuel



Come one, come all...

Music of the season for and from the
people of Emanuel

Sunday November 26th at 3pm

*Please save the date for this wonderful kick-off to the
Advent season*

Confirmation & Mentor Hike



The confirmation class hiked the George Parker Wildlife Refuge in late September.

Thank you to all the mentors, parents, teachers and confirmands for a great afternoon!

Many thanks to the Kilguss family for their generous donation in memory of George Kilguss.

We now have a new hearing assist system at Emanuel. It will be on line this Sunday 11/5!

If you are hearing impaired and would like to utilize the new system, please let me know and we will show you how to use it. All it takes is to put on a small headset and plug into an amplifier receiver which you can clip onto your waist or hold. You will be able to adjust your own volume as you see fit. After the service you will return the amplifier and headset to the storage cabinet where it will be cleaned for the next person to use.

You will now be able to hear the Service anywhere on the Church Property.

Thank you also to Pastor Todd, Michael Gadoury, Walter Phaneuf, and Chuck Mello, for helping me set up the system with me.

Myron Gadoury



Christmas Bazaar at Emanuel

Saturday
November 11th

9am-4pm



500th Reformation Anniversary Ecumenical Prayer Service



at Saint Mary's Cathedral Fall
River, MA
Sunday November 5th at 3PM

Bishop Edgar da Cunha, R.C.
Bishop of the Diocese of Fall River
will preside at the service and
Bishop James Hazelwood of the
N.E. Synod of the Evangelical Lu-
theran Church will preach.

As we mark this significant anniversary of this pivotal moment in the history of Western Christianity, we will also be making history as this 5th centenary observance is taking place in the context of 50 years of ecumenical dialogue and cooperation. Protestants and Catholics can now gather in prayer together not only to remember the origins of their divisions but most especially to celebrate their ongoing progress along the path toward greater unity over the past five decades. All are welcome and encouraged to join Christians from throughout Southeastern Massachusetts, both Protestant and Catholic, and their clergy, to participate in this special service.

St. Mary's Cathedral 327 Second Street, Fall River, MA 02721
www.cathedralfallriver.com

Do You Like Coffee, Fellowship, Meeting New Friends?



If so, consider hosting coffee hour. Sign-up sheet is on the bulletin board in the entry way.

If you've never done it before, just note this next to your name, and you will be helped and trained.

Thank you.

Three ways you can help Emanuel this Fall

Now that the Fall season is underway, Emanuel is asking for your assistance.

Through the first two-thirds of this year, Emanuel Lutheran Church's expenses have exceeded the income received from weekly offerings for many of the months so far in 2017.

Before we reach the end of the year we are asking everyone's help. This is your opportunity.

There are three ways you can help.

The best way you can help is by giving one extra week's worth of regular offering. For example, if you give \$25 per week, please give an extra \$25 on one (or more) Sundays before the end of this year.

If you are already one of our many "Simply Giving" program members, you may place the extra weekly offering in the collection plate.

Or you can increase the your weekly Simply Giving amount. Just let Emanuel's Treasurer, Carol Johnson know that you'd like to increase your Simply Giving amount.

She can be reached at [\(401\) 323-9542](tel:4013239542), or via e mail at: cmjohnson1220@gmail.com

Finally, another way of helping is by making a special donation to Emanuel using the "Givelify" app, which you can download free on your mobile phone.

Givelify lets you to make a one-time gift to Emanuel using your credit card.

Any financial contribution that you are able to give will be appreciated. Thank you.

Emanuel Finance Committee



The baskets for the bazaar are finished!

There are over 30 of them!

They will be displayed each Sunday after both services so you can be sure to get your tickets early. A special thanks goes to Carol Johnson for getting a Thrivent Grant and working for many hours to shop, assemble, and display them. Many thanks also for our church members that donated goods, baskets, or money to help with this project. Remember, the Bazaar is November 11th, we hope to see you there!



9 Month Financial statements

Will be available at church this Sunday
November 5th & next Sunday November 12th
Thank you for all the ministries you make possible
at Emanuel!

If you can't make it to church and would like
your statement mailed to your home, just let us
know either by email or calling the
church. Thank you!

churchoffice@emanuelww.org

(401) 821-8888



Rhode Island Reformation 500th Anniversary Celebration



Sunday, November 19 at
Saint Matthew Trinity Lutheran Church
690 Newport Ave, Pawtucket, RI 02861
at 4:00 PM.

“Christ is Always Reforming Us!”

Christmas Script Cards

I will be taking orders for Script Cards for Christmas. Check updated list on bulletin board with online, and buying cards in church. You must pay in advance for order and you will receive it the following Sunday.



Examples: Amazon, Shell Gas,
restaurants.

Thank you,
Carolyn Duprey

Help Needed Making Swedish Bread



for this Year's Christmas Bazaar in November.

If you can make a loaf or two for the Bazaar it will be greatly appreciated.

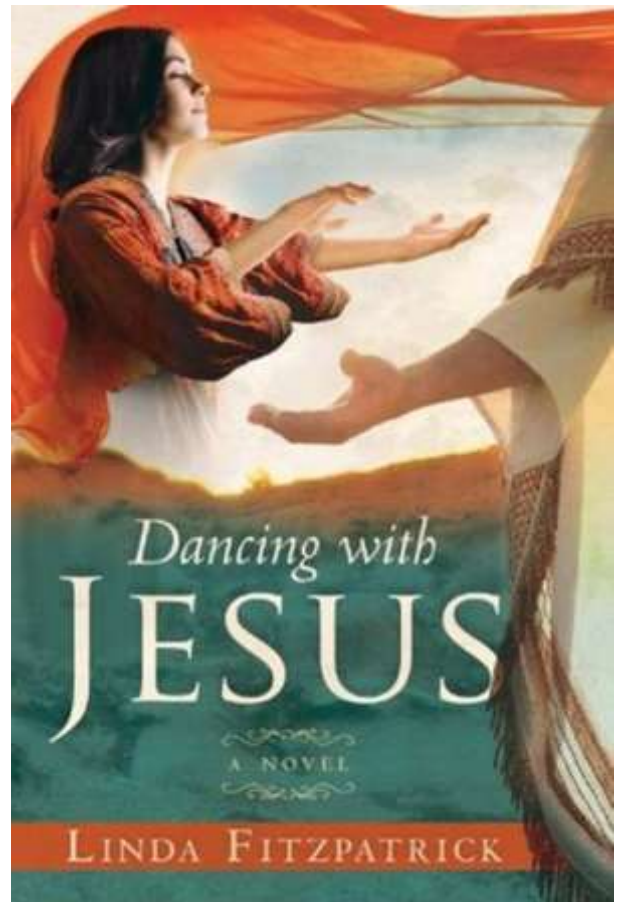
Please contact Beth Groleau (bethgroleau78@gmail.com) or Mary Schabek (mdbek@cox.net) if you can.
Thank you.

Readers of Emanuel

November's book is
"Dancing with Jesus"
by Linda Fitzpatrick

Sunday November 19th at 12PM
in Jacobs Hall

All are welcome to come for
food & fellowship.



Emanuel Lutheran Church Council Meeting
September 14, 2017
Agenda and Minutes

Present: Gwen Andersen, Sharon Brown, Carolyn Duprey, Myron Gadoury, Beth Groleau, Lee Jacobs, Bruce Johnson, Glenn Johnson, Claire Leveillee, Helen Maine, Walter Phaneuf, Sandy Malouin, Shannon Schabek, Donna Sennett, Margaret Teehan

Excused Absent: Pastor Todd Stange (Reach the Beach), Glenn Johnson (out of the country), Margaret Teehan (emergency)

Guest: Bob Maine

The meeting was called to order at 7:04 p.m.

- Review and approve August's Council Minutes Approved
- Review and approve August's Treasurer's report Approved
 - We are running behind about \$6300 this year so far and have been borrowing from ourselves so that all bills are paid.
 - Lee reported that Sarah Groleau had a conference call with the Finance Committee last week and it looks like we should keep on the same path with our investments because they have been doing well. Bob Maine explained that we have been very conservative because we don't feel comfortable with high risk investments.
- Committee Reports
 - Margaret asked Donna to let us know that we are not getting Committee Reports from most committees. Margaret will send out reminders to committee chairs, asking them to send reports to the Council President a few days before the Council meets. List Committee Reports on the Agenda and minutes and note when no report is presented.
 - Beth reported on Christian Education: The last meeting focused on two major things --- getting ready for the opening of Sunday School and the start of Confirmation classes.
 - For Sunday School, the focus was on having enough teachers and helpers so that we have 2 adults with every class and following Emanuel's Church Safety Policy.
 - We are trying something new for confirmation class. We combined all three years into one class to make a larger class of 9 students.

Boldly joining God in sharing our gifts and love

The curriculum remains the same, but will be taught in a different order. This year, Pastor Todd, Beth, and Marge will teach the third year curriculum. Third year students will be confirmed on May 20, 2018, Pentecost. As an afterthought, Beth noted that changing this model may help the kids to bond better and may help to build more cohesion as we try to get the Youth Group going again.

- Gwen and Donna reported on Worship:

- Donna sent this report to Beth after the Council meeting:

- Worship and Music Committee Meeting on 9/7/17
 - In attendance: Pastor Todd, Chuck Mello, Gwen Andersen, Bruce Johnson, Margaret Teehan, Don Schabek, Donna Sennett
 - Discussion about reaction to using Psalms as the basis for summer sermons. Reaction has been positive. In addition, people liked having favorite hymns chosen, sung, and information relayed about them.
 - Committee discussed whether or not we should continue to sing the Lord's Prayer or return to just speaking it. Some don't sing it because they don't feel they can sing it and are still speaking it. Pastor wondered what new people coming to the church might feel about singing vs. saying it. Members of the committee have not really received negative feedback, but we want to be sure that personal meaning is not lost because emphasis might be on the singing and not the text. There are people in the congregation who really like to sing it. We will continue to sing it, but can always revisit it if needed.
 - Pastor reminded Committee that this Sunday returns to two services, and choir, Sunday School, and confirmation will also begin this week.
 - Discussion of September/October services and events. Since the 500th anniversary of Martin Luther and the Reformation, we discussed the possibility of using Luther's Small Catechism as the basis of Pastor's sermons leading up to the actual anniversary. Pastor will try to weave in the five major portions of Luther's Small Catechism into five successive sermons (the 10 commandments, the Sacrament of Baptism, the Apostles Creed, the Lord's Prayer, and the Sacrament of the Altar. There is also an app for your phone of Luther's Small Catechism.
 - Teen Challenge is coming back to Emanuel on 10/15.

- Pastor Todd would like to offer an adult forum on Luther, the Reformation prior to the 500th anniversary. He knows of a film by Rick Steves on Martin Luther and the Reformation and will look into it.
- Reformation Sunday is 10/29. There will be some involvement by the children during the service, perhaps a reenactment of the nailing of the 95 theses. There is time to discuss this at September meeting. Other ideas were also brainstormed. People should wear red on this Sunday. There will be a special coffee hour.
- On November 5th at St. Mary's Church in Fall River, Massachusetts, there will be a service and celebration of the 500th anniversary.
- Discussed whether or not we should light candles on All-Saints Sunday as we have before, to remember those who have gone before us.
- Donna Sennett, who had volunteered to find a "Stations of the Cross" service for Holy Week 2018, presented an overview of a service she found. The service is ELCA approved and was done in Chicago at Holy Trinity Church. It is interactive, and uses 14 stations of the Cross. She also found a tenebrae service which is told through the eyes of the disciples and Christ through scripture and narration, which she also provided an overview for, for consideration for inclusion during Holy Week. Donna will make copies of the actual services for review by committee members and Pastor for the next meeting.
- Meeting concluded.
- Myron reported Property Committee on sound system; people who we thought had hearing problems said they don't have trouble hearing when Myron called them.
 - Elsie has told Gwen and some others from the Craft group that she does not want the funds her family gave to be used for anything besides a hearing system.
 - After discussion about how people who might be sensitive about their hearing loss, might become willing to try the system over time, the Council voted to go ahead and invest in the system. The vote was unanimous. Please note that several Council members wear hearing aids themselves.
- Property – please refer to Myron's written report.

- Agenda Items
 - Margaret would like all agenda items to be listed unless it is something that comes up at the last minute. That way Council members can prepare to discuss some of the issues, and gather their thoughts in advance.
- Fellowship Hall Tables ---
 - Joyful now wants to take 11 tables, leaving us with none, so we will need new tables. Property Committee will begin investigating the prices and North Foster Baptist Church has just gotten new ones that Claire and Gwen say are very sturdy and nice. Myron will report back at the October Council meeting. Joyful will not take the tables until we get new ones. IF we are not going to use the old tables that are in storage, we plan to get rid of them.
- Bruce asked again about setting Emanuel up on Amazon Smile as a charity so that a certain % of the purchase donated to Emanuel. Carol please check into this. Mark Johnson's church does that.
- Other items
 - Myron and Sandy talked to Pastor about an idea for Thanksgiving baskets. What if we put the Thanksgiving items in the Food Pantry and let people choose which items that they would like to have, and we add the turkey to the basket? In addition, we will continue to make a few baskets for members of the congregation and deliver them. Distribution will be the Tuesday before Thanksgiving. People will need to sign up for the turkeys so we know how many are needed. Council thinks this is a good idea.
 - Myron reported that we are going to be getting free food and milk that is near the expiration dates from the 4 Cumberland Farm stores in the West Warwick.
 - Bruce thanked Myron for all his efforts to feed the hungry.
- The meeting adjourned at 8:10 with the Lord's Prayer.

Respectfully submitted,

Beth Groleau, Council Secretary



2017

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1

2

3

4

Sunday A.M. Schedule:

8:00 Service of Holy Communion

9:15 First Year Confirmation, Sunday School, Choir

10:30 Service of Holy Communion

7pm Scandinavian
Women's Choir

**Committee
Night 7pm**

Food Pantry
5-7

Girl Scouts
Meeting 6-
7:30pm (FH)

5

6

7

10am Ellie's Circle
Food Pantry (10-12)

**6pm Bazaar
Workshop**

7pm Confirmation

7pm ALANON

8

7pm Scandinavian
Women's Choir

9

**7pm Council
Meeting**

10

Food Pantry
5-7

**Christmas
Bazaar Set-up**

11

**Christmas
Bazaar**

Thank you!
TO THOSE
THAT SERVED!!
Happy Veterans Day!

12

Mini Christmas Bazaar
after both services

Confirmation
12:30-1pm

13

7pm ALANON

14

10am Ellie's Circle
Food Pantry (10-12)

15

7pm Scandinavian
Women's Choir

16

17

Food Pantry
5-7

Girl Scouts
Meeting 6-
7:30pm (FH)

18

19

20

7pm ALANON

21

10am Ellie's Circle
Food Pantry (10-12)

22

**Thanksgiving
Eve Service
7pm**

23

Happy Thanksgiving

24

Food Pantry
5-7

25

26

NO SUNDAY SCHOOL/CONFIRMATION



Christmas at
Emanuel 3pm

27

7pm ALANON

28

10am Ellie's Circle
Food Pantry (10-12)

7pm Confirmation/
Mentors

29

7pm Scandinavian
Women's Choir

30