



# Emanuel Lutheran Church

July 2015

9 New London Avenue  
West Warwick, RI 02893  
401-821-8888

Pastor Todd Stange

Celebrating Our 128th Year

***Our Purpose Statement: Emanuel – Boldly joining God in sharing our gifts and love.***

***Listening for God  
through prayer,  
scripture and discussion***

***Following Christ's  
example***

***Generously sharing  
God's grace***

***Passion – having it,  
using it!***

***Being organized***

***Following through –  
walking the walk***

God of Rest

Dear Brothers and Sisters in Christ,

It's hard to rest in today's world. There's so much to do all the time. Blue Laws are a thing of the past. Many stores are open 7 days a week now. Cable TV offers 1,000+ channels 24 hours a day. The internet is always on with access to people around the world. Wireless satellites make us almost always available by cell phone. Email and internet connectivity makes it possible for many people to work from home at night, on the weekends. It's even possible to work while you're on vacation.

**In this edition:**

- Message from Pastor Stange
- July Calendar
- Birthdays
- Upcoming Events
- And much more!

**Deadline for the August newsletter is July 20th .**

Notices can be left in the office, emailed to: [emanuelwwnews@gmail.com](mailto:emanuelwwnews@gmail.com) or leave a message at: (860)-208-0762  
Thank you! -Mike Gadoury

In today's world there is a push to do more and more, squeeze as much productivity out of people as possible. Donald Trump brags about needing only 4 hours a sleep a night. The military, I heard, is working on drugs that will allow soldiers to go days without sleep. Sleep and rest seem to be viewed as weaknesses or annoyances at best.

I wonder if it has always been like this: people pushing themselves, trying to get more done, trying to get ahead. Thousands of years ago I think there was less to do. With no electricity, things were pretty dark at night. However, even back then God still felt it necessary to add the 3<sup>rd</sup> commandment. **"Remember the Sabbath and keep it holy."** Even back then, God needed to remind people to take a break, to relax, to kick-back.

Why is it so hard to stop and rest? Is it the desire to experience and be a part of **all that's going on around us? Is it our competitive nature, wanting to get ahead in life? Or is it fear, fear that we'll fall behind and our neighbor will take what's ours,** if we close our eyes and rest for a moment?

Studies show that most people need between 7 to 8 hours a night for sleep, but this is not what many are getting. The Centers for Disease Control recently declared that insufficient sleep is a public health epidemic in the United States. The reality is many people spend a lot of their life being tired.

Being tired takes a toll – poor performance (not doing as well as you could on tests, at work, in sports), lack of energy, not enjoy life, accidents, more sickness, even death. Taking a break is important. Rest is important.

One of the amazing things about the God that is revealed to us in the Bible is **God's emphasis on the need for rest. Not only are we commanded to rest, but** God also commands that the earth rest as well. In the book of Exodus the Israelites are commanded by God to let their fields remain fallow every 7 years. **Allow them to rest, so they don't get depleted and stripped of their life giving** nourishment. Even God Himself rested. After 6 days of creating the heavens and the earth, on the 7<sup>th</sup> day God rested.

Resting is an act of faith. It is a letting go, trusting that while you close your **eyes and sleep that everything will be okay, that your neighbor won't steal your** house or your job, that you and your family will be safe. Often in life it seems **like it's just one challenge, one crises after another. Closing your eyes and resting** in the midst of a crises can be difficult. It requires a leap of faith.

**There's a story in Mark's gospel where Jesus and his disciples were out in the middle of the Sea of Galilee, when suddenly a storm came up. The winds and the waves were so great that the disciples were afraid for their lives. They called out for Jesus and found him asleep in the back of the boat. "Teacher, don't you care if we drowned?" they said.**

**And Jesus said, "Why are you so afraid? Do you still have no faith?"**

In these long days of summer it is my hope and prayer that you will find the time and the faith to rest – to break away for a vacation, a good night sleep, and/or an afternoon nap. Let us lift up our cares and worries to God and give them to Him while we rest. The God that created you and all that is loves you and will watch over you.

Pastor Todd Stange

# Emanuel Food Pantry Thrivent Action Team

Thrivent has given Emanuel a grant to fund our food pantry for the month of July.



**Our goal is to match Thrivent's grant with donations collected** from neighbors, friends, co-workers, and anyone who would like to help feed those in need.

**If you'd like to participate in this action team, please let Michael Groleau know (401-822-1448). He has "Live Generously" t-shirts for people on the team.**

On Saturday July 18<sup>th</sup> at 10:30AM team members are invited to bring food items collected to Emanuel's food pantry. Thank you.



On Saturday June 27th we welcomed Saint Therese's Old Catholic Church to the neighborhood by helping them scrape and paint their building. We began the day with a joint worship service. We look forward to collaborating with them on future joint ministry projects.



**Summer Worship Schedule began June 21st.  
One service at 9:15am**

## Getting to know Emanuel's Family



On Sunday June 28<sup>th</sup> a "Getting to know Emanuel's Family" questionnaire was handed out. *Please read through these questions and answer them.*

**The questions have to do with what you've done in the past and what you hope to do in the future.** The purpose of the questionnaire is to tease out the talents that God has blessed you with up to this point in your life and perhaps new talents that are just starting to develop within you.

**After you've answered the questions, if you feel comfortable doing so, please hand them in** to Pastor Todd, Glenn Johnson, Lee Jacobs or just put them in the offering plate on Sunday. The Mustard Seed group at Emanuel will go through them and see what talents we have collectively as a congregation, see what ideas get generated, **and then we'll present them to the congregation.**

**Our hope is that in answering and thinking through these questions that we'll discover** that God has blessed us with more than we realize. *Thank you.*

# Save the Dates!

September 10-11, 2016

## Emanuel Lutheran Church 130th Anniversary Celebration 1886—2016



Dinner on Saturday evening at West Valley Inn  
and a special worship and coffee hour on Sunday

We are looking for contact information for all current and past members. If you have any contact information for past or inactive members, please let us know at [130@emanuelww.org](mailto:130@emanuelww.org) or see any member of the committee.

In order to provide money to pay for the deposit and cover other expenses, we are asking that anyone who is willing, pre-purchase tickets for \$30 each. You can leave a check in Sunday's offering made payable to Emanuel Lutheran Church.

**Please write "ELC 130" in the memo line.**

We are still in the planning stages. If you have any questions, or would like to help out with the planning of this event, please contact us at [130@emanuelww.org](mailto:130@emanuelww.org) or feel free to contact any member of the committee.

More information will be coming in the coming months!

**Thank You!**

-130th Anniversary Committee

*Gwen Andersen, Diane Gadoury, Mike Gadoury, Beth Groleau, Disa Johnson*



## School of Lay Ministry

Interested in learning more about the teachings and life of the Lutheran Church? Want to gain new skills for serving your congregation? Consider enrolling in the New England Synod's new School of Lay Ministry. The School of Lay Ministry is designed to educate and equip lay people for enhanced participation in congregational and synodical life through personal spiritual development, biblical enhancement, and life-long learning.

The School is a two year program, beginning each fall. There are two retreat weekends.

For more information ask Pastor Todd or visit the synod's web site:

<http://www.nesynod.org/resources/education>

Emanuel's Bible study will be held every other week after the 10:30 service.

Grab a coffee & snack and head over to  
Anderson Lounge

Please consider coming, all are welcome!



**Christmas Bazaar Workshops**  
**Tuesdays at 6pm**  
**Anyone is Welcome!**

**Christmas Bazaar Committee would like to remind everyone of the notice on the bulletin board of a few things we are in need of:**

**CANNING JARS / JEWELRY / CEILING FAN BLADES / ICE SKATES /  
PRINGLE CANS**

**SAVE THE DATE: Girl's Night Out June 19th 5pm**



Thank you to teachers, parents and students for a great year!

Sunday school wrapped up the academic year on June 14th with Bible story inspired sidewalk chalk art, Bible Jeopardy and ice cream sundaes.



Hello!

Earlier this year one of my best friends, Elana, was diagnosed with Stage 4 Melanoma. Anyone who has a loved one with Cancer you know that there is not much that you can do besides support them and be there for them during this trying time. Well for me, that is just not good enough. On October 3rd, I along with 6 teammates (all of whom I have met @ ilovekickboxing in Coventry), will be participating in Mudderella, which is a 5-7 mile long muddy obstacle course that is about empowering woman (& men too) to take pride in their strength. We are competing in the race to honor our family and friends who had or are still battling cancer- to help them own their strength and remind them that whatever adversity they face, they can overcome. This disease has made an impact on all of our lives and we want to utilize our ability to run, climb and crawl to honor those that cant. Not only will I be running for her, but for all my family members and friends who have been affected by this disease. 100% of our donations will be made in honor of our (& yours) loved ones to the American Cancer Society. Please help us demolish our goal of \$1000 and help kick cancers butt! Thank you for taking time out of your day to read this and for your consideration to our cause!



**mudderella**

If you would like to join our team, follow the link below!

Team name: Mind Over Mudder Password: Get muddy.

Pastor Todd will be on vacation next week

**July 6 through July 11<sup>th</sup>**

Pastor Dennis Kohl  
(401-739-2937) from Pilgrim Lutheran Church will be covering for Pastor Todd.

## Having a function at Emanuel?

Please remember to fill out a function form.

Function forms can be found in the church office.

Function forms help us ensure that rooms are not double-booked and that we have custodial support as needed.  
Thank you.



**Endowment Fund Committee  
will meet on July 26<sup>th</sup> after the service.**

*Planting for the Future*

During worship in the sanctuary, please remember to be kind to those around you:

- Turn off cell phones (or switch them to vibrate).
- Wait until after worship to discuss church business or catch up with family and friends.

Thank you!

## POSTING AN ANNOUNCEMENT

**For the weekly reminder (Emanuel Herald)** sent out on Mon. or Tue. All submissions must be received in the church office (preferably by e-mail) no later than Sunday morning. Postings for the printed weekly announcement sheet must be received by the previous Sunday.

[Churchoffice@EmanuelWW.org](mailto:Churchoffice@EmanuelWW.org)

**For the newsletter:** Please send items to Mike Gadoury no later than the 20th of each month.

Email to: [EmanuelWWNews@gmail.com](mailto:EmanuelWWNews@gmail.com)

or call 860-208-0762.

Why are you here?



God has put you here at a particular time, place and with a certain set of abilities. Why and what for?

Join us on July 22<sup>nd</sup> as we tackle these questions.

Mustard Seed Meeting  
Wednesday July 22<sup>nd</sup> at 6:30pm  
Jacobs Hall



# Cornhole Championship Games!



**At Emanuel's**  
**CHURCH PICNIC**  
Sunday, August 30<sup>th</sup>  
Time: 12:00pm

Buttonwoods Masonic Park  
116 Long Street  
Warwick, RI 02886

**Everyone's welcome to come, play, watch, eat**

# Winery Tour

There will be a winery tour at Greenvale Winery in Portsmouth on Saturday September 12th. The tour will be at 12:00 followed by a concert by our own Ida Zecco from 1:00-4:00. Space is limited.

If you are interested, please contact: Gwen Andersen at 401-828-0976 or the church office (401-821-8888 / [churchoffice@emanuelww.org](mailto:churchoffice@emanuelww.org))



The address is:  
Greenvale Winery  
582 Wapping Road  
Portsmouth, RI 02871  
[www.greenvale.com](http://www.greenvale.com)

## ***JULY BIRTHDAYS***

Hank Richter 7/7  
Bob Maine 7/7  
Helen Maine 7/10  
Melissa Brown 7/12  
Christian Stange 7/17  
Marge Lebeau 7/18  
William Jacob 7/21  
Liam McGuirk 7/21  
Donna Sennett 7/23  
Mike Groleau 7/29  
Tom Carroccia  
Sharon Daniels  
Helen Gadoury  
Cole Hass  
Denise Lucier

Steven Lucier  
Sandra Malouin  
Dan McCarthy  
Kevin Prest  
Megan Savage  
Nicole Savage  
Ken Wieboldt



## ***& ANNIVERSARIES***

Lee & Judy Jacobs 7/3  
Walter & Fran Phaneuf 7/26

*Contact Kym in the Church office if we missed your birthday or anniversary, or give us the exact date. We would love to have our records up to date!*

We are looking for a few volunteers who are willing to work in the church office when our office administrator is on vacation or sick.

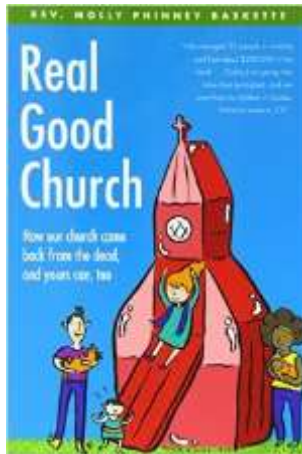
If you might be able to help in the office, please let Pastor Todd know –  
(401) 821-8888 or  
[pastor@emanuelww.org](mailto:pastor@emanuelww.org).

Thank you.

# Readers of Emanuel

**Sunday July 26<sup>th</sup>  
after the service  
(~10:45am) in  
Jacobs' Hall.**

**All are welcome  
(even if you didn't  
read the book).**



“Real Good Church” offers a look at everything First Church Somerville UCC, a progressive Christian church in the shadow of Harvard, MIT and Tufts Universities, did to reverse their death spiral and become the healthy, stable, spirited and robust community it is today. The triumphant renewal is highly visible in the large percentage of children and young adults in the church, a sixfold increase in pledged giving in the last decade, and most importantly in the spirit of joy that pervades the community.

The strategies they used can work in any church, in any setting: regardless of denomination, demographics, or political landscape.



This month's council meeting has been postponed 1 week until July 16th. Thank you!

## **Senior Live Laugh & Learn**

The next luncheon will be held:  
Wednesday, July 8, 2015

11:45 AM to 2:00 PM  
at

**The Cozy Grill Family Restaurant**  
473 Tiogue Ave. (Near Benny's on Rt. 3)  
Coventry, RI 02816

Estimated cost \$10 - \$20

Please sign the sign-up sheet in the narthex if you plan to attend.

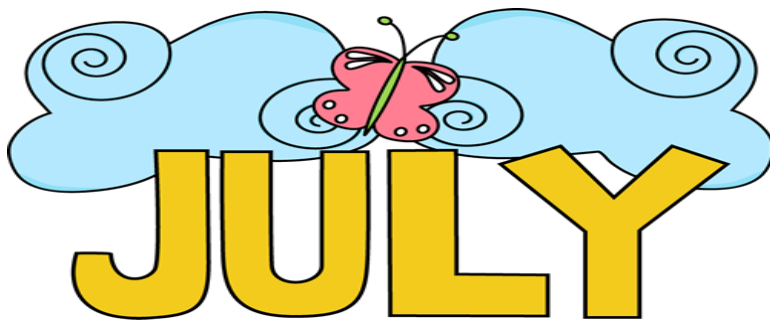
I need to give the restaurant a count.

For last minute decision, call Helen Maine at


Home: 401-397-3566

Cell: 401-464-1011

Email: [helenmaine@gmail.com](mailto:helenmaine@gmail.com)



# 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Sunday A.M. Schedule:</b>  9:15 Service of Holy Communion			<b>1</b>  <b>DRAMA CAMP</b> 8:30-12:30	<b>2</b>  <b>DRAMA CAMP</b> 8:30-12:30	<b>3</b>  <b>DRAMA CAMP</b> 8:30-12:30  <i>Drama Camp Performance</i> 7pm	<b>4</b>  
<b>5</b>	<b>6</b>  7pm ALNON	<b>7</b> 10am El-lie's Circle Food Pantry 10-12  6pm BAZAAR Mtg	<b>8</b>  <i>Senior Luncheon</i> 11:45am	<b>9</b>	<b>10</b>	<b>11</b>
<b>12</b>	<b>13</b>  7pm ALNON	<b>14</b> 10am El-lie's Circle Food Pantry 10-12  6pm BAZAAR Mtg	<b>15</b>	<b>16</b>  <b>Council Meeting</b> 7 pm	<b>17</b>	<b>18</b>  <i>Food Pantry Action Team</i> 10:30am
<b>19</b>	<b>20</b>  7pm ALNON	<b>21</b> 10am El-lie's Circle Food Pantry 10-12  6pm BAZAAR Mtg	<b>22</b>  <i>Mustard Seed Committee</i> 6:30pm	<b>23</b>	<b>24</b>	<b>25</b>
<b>26</b>  <i>Endowment Committee Meeting</i> (after worship)	<b>27</b>  7pm ALNON	<b>28</b> 10am El-lie's Circle Food Pantry 10-12  6pm BAZAAR Mtg	<b>29</b>	<b>30</b>	<b>31</b>	